# Welcome to Stella Maris Parish Go and Make Disciples!

The Resurrection of the Lord - Sunday, March 31st, 2024

# Our Vision Statement - To be a beacon of Faith, Hope & Love!

#### TRIDUUM & EASTER SUNDAY SCHEDULE

### Thursday March 28th Holy Thursday

•7pm - Holy Thursday Mass - Washing of the Feet of the 12 Apostles & Renewal of Commitment of Parish Lay Volunteers & Repose of the Blessed Sacrament in the church hall (Adoration until midnight)

## Friday March 29th Good Friday

- 9:30am Join the Spryfield Churches Prayer Walk, beginning at Emmanuel Church, 322 Herring Cove Rd.
- 2pm Reflection on Jesus' 7 Last Words from members of our parish community.
- 3pm Liturgy of the Word The Passion of Christ, Veneration of the Cross, Communion
- Priests will be available for spiritual conversation or confession
- 7pm Stations of the Cross Lectors will lead

## Saturday March 30th Easter Vigil

- 2:00pm 3:30pm Confessions
- 8:00pm Easter Vigil
- There will be a social in the hall directly after the Vigil.

### Sunday March 31st Easter Sunday

- 8:00am & 10am Masses
- 9:30am Please join us prior the 10:00am Mass Easter Sunday to celebrate the Risen Lord in song. Hymns will begin at 9:30 am.

#### Prayers for the Holiest Time of the Year

Holy Thursday or Mass of the Lord's Supper, is the start of our Triduum - three days of prayer that help us recall the supreme sacrifice Jesus Christ made on the Cross and the wonderful gift of his resurrection. Tonight, the scriptures help us to remember the Last Supper. Most specifically as we prepare for local Eucharistic Congress in October, Archbishop Dunn invites the faithful to pay particular attention to the Institution of the Eucharist. Christ gathered with his disciples one last time to give them a call to action; a call to serve one another as he has served them; and to do so, in memory of him.

During these holiest days of the year for us, may the Holy Spirit open wide our hearts and minds to the power of Christ's greatest gift of Love as we enter into the Sacred Triduum.

Easter Flowers For Loved Ones: Flowers were purchased in memory of the following people: Mary Neatt, Donald Neatt, Jean Pierre Munger, Esther LeBlanc, Angela Corbett, James Kenny, Jim, Anne & Mary, Rita Zweep & Rick Novak, Joan & Daniel Dempsey, The Foley & Pride Family, Laura & Peter Sutherland, John & Thomas Higgins, Bob & Mary Alexander, Larry & Frances Goyetche, Stella, Lorna & Ronald Anderson, Marilyn Rose Tousenard, Theresa & Vernon Rycroft, Joe & Peter McDonald, Ronald Murphy, Reg Fagan, Bruce Dempsey, Margaret & Francis Jones, Jeannie & Pat Daly, Boyd Algee, Tommy Gannon / Howard & Reta Christian, Mr. & Mrs. Beazley, Jack Hurley, Margaret & Lorne Dempsey,

<u>Healing Mass - Tuesday, April 2nd, 7 pm</u> - If you wish to receive the Sacrament of the Sick, it will be offered during the Mass. All are welcome.

<u>Are you new to Canada and Stella Maris Parish?</u> Are you looking to connect? Feel free to email the Immigrant Support Committee (ISC) at <a href="mailto:newcomers@stellamarishalifax.com">newcomers@stellamarishalifax.com</a></u>. We would like to get to know you. The ISC aims to help to create a welcoming environment for everyone associated with Stella Maris parish.

<u>Refugee Family</u> - As previously mentioned, our sponsored refugee family (Osman, his wife, Sawsan and daughter Judy, 2 yrs.) will arrive in Halifax by the end April! If you'd like to be part of a welcoming and ongoing support team for the family, please contact: <a href="mailto:newcomers@stellamarisparish.com">newcomers@stellamarisparish.com</a>.

<u>Food Bank:</u> The food bank really needs support from Stella Maris Parish. Their shelves need to be restocked. They need juice, coffee (ground or instant), tea bags, shampoo and always canned soup. Items can be dropped off in the Food Bank basket as you enter the church. What we donate helps families right here in our community. Your continued support is greatly appreciated.

#### How to Donate to the Parish and receive Tax Receipts

For information please contact Joanne Thibeau at 902-477-3362 or operations@stellamarishalifax.com

\*NEW \* - to make a donation or payment to the Parish by e-transfer,

please note that our email address has changed to: giving@stellamarishalifax.com

#### Stella Maris Parish Contact Information

Mass Times: Tuesday to Saturday-9AM, Saturday-4PM (Confession at 2:00-3:30PM), Sunday-8 & 10AM Office Hours: Tuesdays 12pm-2pm and Thursdays 10am-2pm

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